

The Lemon Grove REVIEW

Vol. 43, No. 5

Serving Lemon Grove and nearby communities

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Teachers offer back to school tips to parents

by Lisa Parsons

When most children are asked if they are ready to go back to school, they answer with a resounding "No!" But going back to school doesn't have to be an unpleasant experience and there are several ways parents can make the transition from summer to school painless, and even fun.

Monterey Heights Elementary School Teacher Barbara Patrick, who teaches second and third grades, said there are two major areas, physical and mental, to help get kids ready for school.

"The physical aspect includes things like going shopping for school supplies-- binders, paper and pencil--and creating a special place to study at home," said Patrick. "A special outfit for the first day of school is important too. It doesn't have to be new, just something the child is happy and comfortable in. The children really enjoy looking at each other the first day and checking out what everyone is wearing."

Mental preparation takes a little more time on the part of the parents. "Parents need to sit down and explain to their child that there are 500 children in their school and that they will show up just as nervous," said Patrick. "Learning is a process where you make mistakes. You need to analyze your mistakes, correct them and learn from them. Many children are afraid to make mistakes so they don't try," she added.

Parents may also need to explain to their children that they can't always be leaders or followers. Patrick said teachers will help with this process. "We try to teach them to be leaders and followers, especially how to be a leader without being bossy and a follower without being submissive."

Betsy Comer, a fifth grade teacher at Monterey Heights, said it's important, especially for a new child at school, to create a "comfort zone" for the child. "Parents can walk their child through school pointing out things that are familiar to the

child, such as swings and slides, that the child may be used to visiting at their neighborhood park," said Comer. "It just helps to show them that school is not a foreign world."

She said, particularly on the first day, a little note in the child's lunch box or pocket that carries a special message can make a child's first day at school less lonely or frightening. "One family used to pass around a cotton ball--they would hide it in a shoe or a lunch box-- and it meant 'I love you.' Something simple like that can be very important."

After school can be just as scary as before school, "We see a lot of tears after school," said Patrick. Both teachers said parents should tell their children how they will be getting home from school and make arrangements as to where they can meet.

"If both parents work and the child is going to be home alone, a phone call just to say 'hello' is nice also," Comer said. "The hours between three and five can seem like a long time for a child alone at home."

Students starting kindergarten require some special instruction and Monterey Heights will hold an orientation on September 7 for parents and children to meet their teachers and check out their classrooms. "The little guys really like to be walked to class the first day and being introduced to their teacher makes them feel super," said Patrick. Several other schools in the Lemon Grove School District will have an orientation for parents of kindergartners on September 7 as well.

Most of Monterey Heights' teachers will be available September 6 and 7 if parents and children would like to meet their teachers before classes start, said Patrick. "The teachers are very receptive to this," she added.

On a final note, both teachers said the parents need to remember to remain calm and positive on the first day--adding that sometimes the parents cry more than the children.

NOTICE

The Post Office and the offices of the Lemon Grove Review will be closed Monday, September 3rd also

The next Lemon Grove City Council meeting will be September 17th

Thursday, August 30, 1990 25¢

Lemon Grove Day at the Del Mar Races



Joyce Lazok, Mayor Jim Dorman and wife, Carol, Colleen Ruis and Wendy Bailey, Miss Lemon Grove, enjoying Lemon Grove Day at the Del Mar races.

High school sweethearts reunited

A message left on an answering machine reunited two high school sweethearts and added up to married bliss for Pete Smith and his new bride, Cherie René (Stovall) Smith, on July 28th.

Pete and Cherie first started dating when they were 16-years-old and attending Mt. Miguel High School in the late '60s. She was the first person he had ever dated and vice versa. After Pete graduated from Mt. Miguel and Cherie from El Capitan High School in Lakeside (where her family had moved), the two young people made plans to be married when Pete graduated from college.

Pete went off to school, Cherie joined the Navy, and time and distance took their toll. Each one met, and eventually married, someone else.

Cherie's mother, a romantic, who named her daughter Cherie

René (French for "Dear One Reborn") in honor of Cherie's father who died before she was born, played a key role in bringing the couple together again. She

Continued on Page 2



Pete Smith introduced his new bride, Cherie, to those attending the Chamber of Commerce Sundowner at Barber Trophies.

Sweethearts reunited *Continued from page 1*

was visiting Lemon Grove and left a message on Pete's answering machine asking him to call. Pete finally did, and when he learned that Cherie was divorced and living in Virginia, he gathered up his nerve to call her. Several phone calls later, Pete was on his way to Virginia for a face to face reunion with Cherie.

Cherie and Pete were married on July 28th in the garden of an historic mansion, The Hermitage, in Norfolk Virginia, with Cherie's two daughters; Elizabeth, 10, and Jessica, 7, in attendance. They also hope to have a small ceremony in San Diego soon.

The couple has not decided where they will be living in the future, but if it is not in Lemon Grove, Pete says he will be commuting between locations for the next year-and-a-half so he can fulfill his commitments here as president-elect of the Chamber of Commerce and president of the Historical Society. Cherie, a registered nurse, is checking out several job possibilities in the west.

Environmental health issues topic for Lemon Grove Historical Society meeting

The Environmental Health Coalition is giving a short program on Thursday, September 6, 1990 at 1:30 p.m. in the Community room at the Lemon Grove Library. The program is sponsored by the Lemon Grove Historical Society. The disposal of household hazardous waste will be discussed, a subject of great interest to those interested in protecting the environment. The public is invited.

There will be a collection of household hazardous waste on Saturday, September 8th, 1990 from 10 a.m. to 3 p.m. at 6700 Federal Blvd. in Lemon Grove.

Landscaping class offered at Foothills Adult Education

"Landscaping: Trees, Shrubs and Flowers," a 15 week class offered by Grossmont Adult Schools, will be offered Wednesday night and Thursday morning at Foothills Adult Education Center, 1550 Melody Lane beginning September 12 and 13, 1990. The three-hour sessions will be from 6:30 to 9:30 p.m. on Wednesdays and 9:00 a.m. to 12:00 p.m. on Thursdays in Room 12.

Registration takes place in the first class and is \$17. Betty Newton is instructor. Drought resistant plants and drip irrigation techniques are part of this class.



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WEATHER

The following information was provided by the Lemon Grove Fire Department:

| | High | Low |
|-----------|------|-----|
| August 18 | 76 | 65 |
| August 19 | 76 | 66 |
| August 20 | 78 | 64 |
| August 21 | 82 | 58 |
| August 22 | 83 | 59 |
| August 23 | 81 | 65 |
| August 24 | 78 | 63 |

The precipitation this year to date is .06", while for the last year to date the precipitation was .01". (From 7/1)



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Lemon Grove Review
P.O. Box 127, Lemon Grove,
CA 92045 • (619) 469-0101

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Pete Kaufman Publisher
Lisa Parsons Editor
Robert Teel Advertising Rep

Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope. All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions.

Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order. Only publication of an advertisement shall constitute final acceptance. Send all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 92045

Lemon Grove Fire Log

August 17, 1990

7800 blk. Golden Ave. Medical aid. Male, sleeping.
7400 blk. Waite Dr. Automatic aid. Male, diabetic problem.
3200 blk. Buena Vista. Medical aid. Child, laceration on nose.
3000 blk. Crane. Wires down. Telephone wires down.
7800 blk. Central. Medical aid. Male, choking.
6500 blk. College Grove. Automatic aid. Canceled en route by E-126.
1700 blk. Madera. Trash fire. Extinguished small dumpster fire.
7100 blk. Waite. Medical aid. Female, abdominal pain.

August 18, 1990

3300 blk. New Jersey. Medical aid. Male, overdose.
3200 blk. College Pl. Medical aid. Female, assisted victim into wheelchair.
2600 blk. Massachusetts. Medical aid. Female, full arrest.
7800 blk. Bushwood. Medical aid. Male, diabetic convulsions.
1700 blk. Dartmoor. Medical aid. Auto-accident - non-injury.
Hwy. 94 East at Spring St. Medical aid. Reported vehicle accident - unable to locate.
Lemon Grove Ave. & Hwy. 94. Medical aid. Non-injury motorcycle accident.

August 19, 1990

2200 blk. Washington. Trash fire. Smoldering charcoal in dumpster - extinguished with pressured water.
1700 blk. Madera. Trash fire. Extinguished dumpster fire with pressured water.
3200 blk. College Pl. Medical aid. Female, hemorrhaging.

August 20, 1990

7600 blk. Broadway. Needless.
1500 blk. San Altos. Medical aid. Male, overdose.
7300 blk. Carmenita. Automatic aid. Reported propane bottle on fire - shut off valve.
3400 blk. Massachusetts. Medical aid. Vehicle accident. Citrus & Central. Needless.
Federal & College. Medical aid. Male child, fall from vehicle.
1800 blk. Massachusetts. Medical aid. Male, intoxicated.
4700 blk. Spring St. Automatic aid. Canceled en route.
600 blk. 66th St. Automatic aid. Canceled en route.

August 21, 1990

6900 blk. Vernon. Medical aid. Needless.
3200 blk. College Pl. Medical aid. Female, chest pain.
8600 Lamar. Automatic aid. Canceled.
7700 blk. Broadway. Medical aid. Male, chest pain.
8000 blk. Broadway. Needless.
Carlisle & Jud. Automatic aid. Canceled by E-3 from scene.

August 22, 1990

2000 blk. Skyline Dr. Medical aid. Canceled upon arrival by medics.
1200 blk. Bittern. Automatic aid. Odor of pesticides - nursery fumigating causing smell.
2200 blk. Morose. Medical aid. Female, difficulty breathing.
Jamacha Blvd. & Kempton. Automatic aid. Vegetation fire - nothing found.
3700 blk. Massachusetts Ave. Medical aid. Female, chief complaint of dizziness.
7600 blk. Canton. Reported loud blast - nothing found.
2000 blk. Skyline Dr. Medical aid. Male, unresponsive.
6700 blk. Las Lidia Ct. Automatic aid. Staged at scene until released by command.

August 23, 1990

3200 blk. New Jersey. Medical aid. Vehicle vs. pedestrian. Mt. Vernon & Bonita. Needless.
Palm & Lemon Grove Ave. Medical aid. Male, neck pain from previous accident.
1000 blk. Leland St. Automatic aid. Canceled on arrival.

August 24, 1990

8100 blk. Broadway. Medical aid. Male, nausea.

PUBLIC NOTICES

**SUPERIOR COURT
OF CALIFORNIA
COUNTY OF SAN DIEGO
CASE NO. EC002390
SUMMONS
[CCP § 416.90 (individual)]**

NOTICE TO DEFENDANT:
Charles May
AND DOES 1 to 50

**YOU ARE BEING SUED BY
PLAINTIFF: Gary Gahn**

You have 30 CALENDAR DAYS after this summons is served on you to file a typewritten response at this court.

A letter or phone call will not protect you; your typewritten response must be in proper legal form if you want the court to hear your case.

If you do not file your response on time, you may lose the case, and your wages, money and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you

may call an attorney referral service or a legal aid office (listed in the phone book).

**The name and address of the court is:
SUPERIOR COURT OF CALIFORNIA,
SAN DIEGO
EL CAJON JUDICIAL DISTRICT
250 E. Main Street El Cajon, CA 92020**

**The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is:
LAW OFFICE OF LORRAINE
ROSENFIELD State Bar No. 133620
2131 El Camino Real #201
Oceanside, CA 92054
(619) 757-0741**

DATE: JUN - 5 1990

Clerk, by ALMA MACHADO, Deputy

NOTICE TO THE PERSON SERVED: You are served as an individual defendant, or as the person sued under the fictitious name of: Doe under CCP 416.90 (individual).

**Lemon Grove Review
August 30, September 6, 13 and 20, 1990
H48384**

More Public Notices on Pages 5 and 6

Sheriffs host open house

Get a close-up look at your local law enforcement at the Lemon Grove Sheriff's Open House set for Saturday, September 22 from 11 a.m. to 3 p.m. The Sheriff's Station is located at 3240 Main St., Lemon Grove, just 1 1/2 blocks south of the famous Lemon Grove landmark, the Big Lemon.

Demonstration of patrol dogs, the crime computer and the Fire Arms Training System as well as traffic radar will be conducted. Shake paws with the national Crime-fighting Dog and bring a camera to have your photograph taken with the famous law enforcement mascot. Free balloons will be given to children.

There will be displays of bomb/arson, C.A.T. (anti-auto theft program), crime prevention, the communications center (9-1-1) and other Sheriff's units.

Free hot dogs, sodas, and ice cream for visitors will be provided. Call 441-4037 for more information.

Classic cars and chili to benefit Child Abuse Prevention Foundation

Coldwell Banker of Rancho San Diego is hosting a benefit classic car show and chili challenge for the Child Abuse Prevention Foundation Saturday, September 8th, from 12-4 p.m. at 3322 Sweetwater Springs Blvd in Rancho San Diego. Admission is \$2, children under 12 are free.

Some of the highlights of the day are: classic cars, Al Turner and the "KSON Flatbed Show," a silent auction, raffle prizes, the Batmobile, cowboys, pony rides, clowns, cloggers and a craft show.

Participants in the Chili Challenge are: Linda Steele, Mical Mortgage; Brenda Handley, Balboa Escrow; Patti Vail, Home Savings; Dan Wilson, Century 21 All Service; Ernie Brooks, Coldwell Banker Rancho San Diego; Charlie Roberts, Allstate Insurance; Marion Brooker, California Management Co.; Pete Petachek, Coldwell Banker El Cajon; Alice Higginbotham, Coldwell Banker La Mesa; Jeff Olsen, Remax Advanced; Cirillo's Hair Design; Patty Achterberg, Colony Escrow; Brian Riese, Ticor Title; Bill Schwartzer, Great Western; Judy Tyrell, Century 21 Lyle Morton; Steve Hooper, Century 21 Rattan; Maxine Reimann, Household Bank; Mike Brady, World Title; Kathy Delgado, Transamerica Title; Tom Holmes, Independent; Sheryl Wylie, Century 21 Brandt; Bob Callen/Tricia Filippone, Independent; Randy Smith, Home Fed; B. Shumate, Spring Valley Lions.

The chili will be judged by the following celebrity judges: Shotgun Tom Kelley, Eric Show, Bip Roberts, Louie Kelcher, Don Macek, Hank Bauer, Gene Locklear, Cynthia Heath-Kerrigan, Miss Spring Valley, Miss Greater San Diego, Miss Fairest of the Fair and Miss Teen San Diego.

All chilis will be available to the public for tasting for a small donation.

James C. Kenaga, M.D.

announces the relocation of his practice, effective May 31, 1990, from 7733 Palm Avenue, Lemon Grove, to 1445 Skyline Drive, Lemon Grove, (Skyline Drive at Jamacha Road).



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Regional Conference on Race and Human Relations set for September 11th

On September 11, 1990, the County of San Diego Human Relations Commission will sponsor a Regional Conference on Race and Human Relations.

The Conference will be held at the Hanalei Hotel in Mission Valley, and will focus on critical human relations areas identified by the commission's recent "Report on the Status of Race and Human Relations"--hate crimes, discrimination in housing and employment, and the plight of migrant and undocumented workers.

The conference is unique in that it will offer profession-specific, half-day sessions for approximately 200 persons. The morning sessions are designed for business, education, the media, and a special session for youth. The afternoon sessions are for health, government, and law

enforcement/criminal justice. All conference attendees will be present for lunch.

The registration fee for the Conference--which includes a

buffet lunch, will be only \$35.

For further information please contact the office of the Human Relations Commission at 694-2348.

Children's Programs at the Lemon Grove Library

Preschool storytimes are Thursdays at 10:30 a.m.

September 6--Grandparents Stories

September 13--Fall Foliage

September 20--Puppet Show

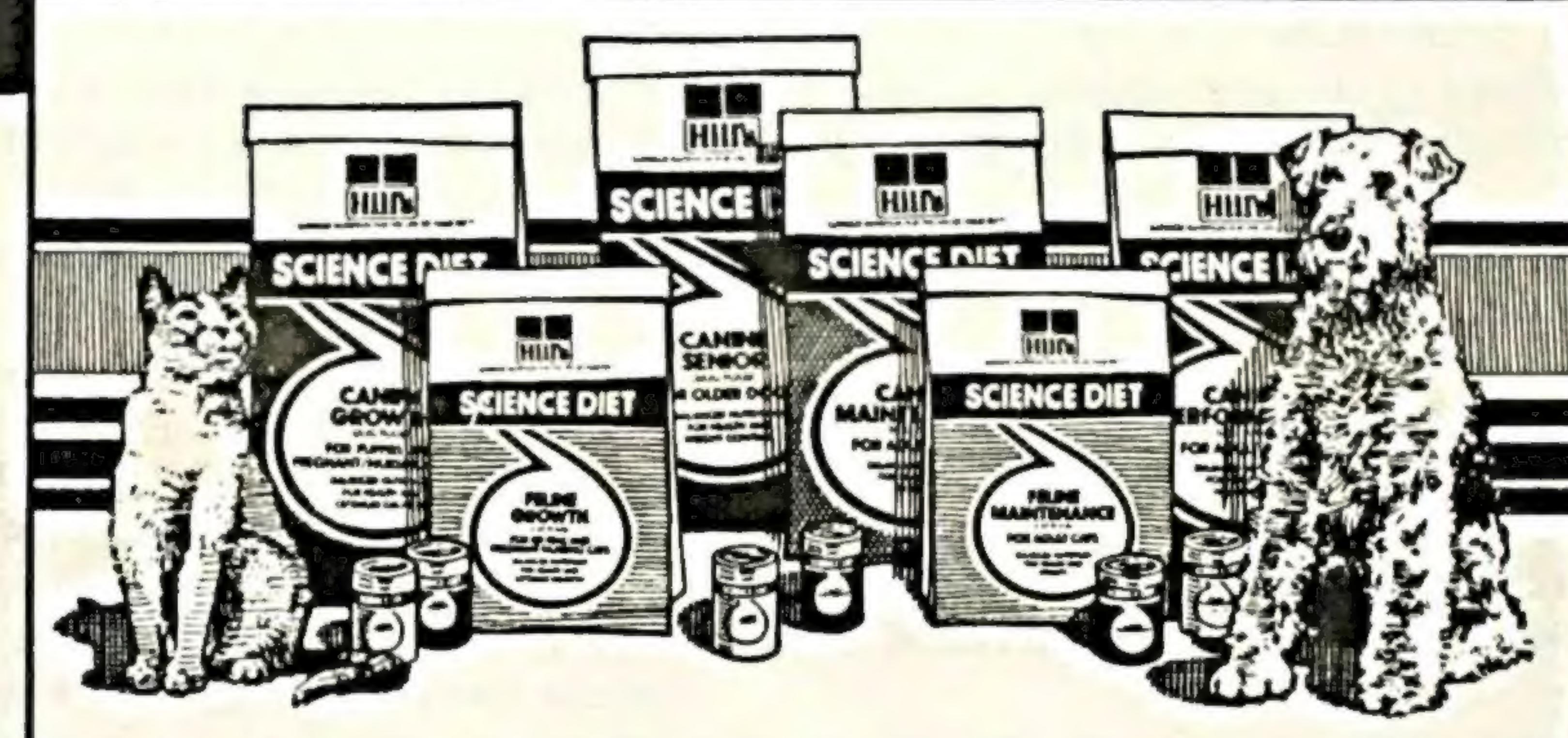
September 27--Indian Tales

The school-age program for September is on the 20th at 3:30 p.m. featuring David Whitehorse, Brule Sioux Storyteller.

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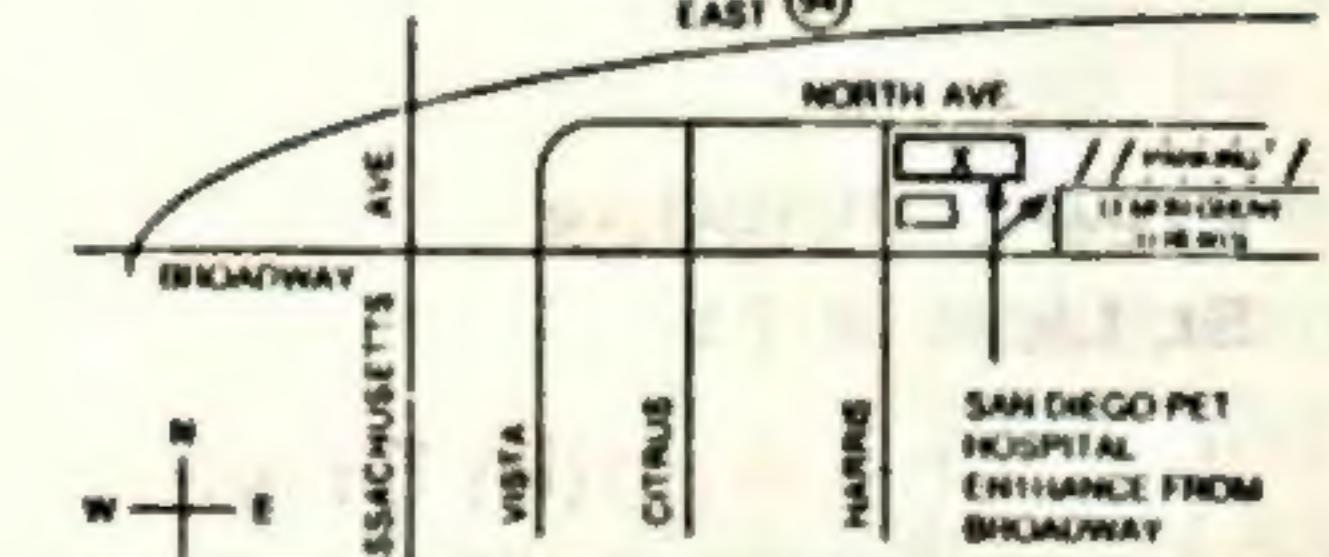
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Commentary

by Paul Treske

The word is finally being spoken. Hostage! At first we simply talked about Americans remaining in Kuwait and Iraq. Then, for more than a week, they were referred to as detainees. Meanwhile, Saddam Hussein referred to them as guests (and still does). Finally, of course, we had to speak the correct word, as we had known all along - they are hostages.

It is not hard to understand why the word was so long in coming. It is a word that has created paralysis and anguish for both of Bush's predecessors. For Jimmy Carter, the taking of the hostages in Iran meant captivity for his presidency as well. Carter brooded in his office as yellow ribbons proliferated and Walter Cronkite grimly noted yet another day of the stand-off. Later, Reagan boasted that we would never negotiate with the captors of hostages and then saw his presidency discredited when the details of Irangate were revealed.

Now it is Bush's turn. His problem is on a much grander scale as the possibility of war and mass murder weigh heavily on his shoulders. The hostages are Hussein's trump card. In reality, he has little else to play. For despite his large and well-equipped army and canisters of poison gas, he cannot hope to win an all-out war with the United States. He can inflict lethal damage, and perhaps a temporary military stand-off, but only at a

Hostage

suicidal cost.

But Saddam Hussein knows two truths that recent history has exposed: Americans care overwhelmingly for their own, and have little patience for protracted struggles. Thus he plays the hostage card for all its worth, threatening on the one hand to use hostages as human shields for his factories and fortresses, while simultaneously producing his "dog and pony show" in which he appeared as genial Uncle Hussein patting the heads of little captive children.

For President Bush the true agony is just beginning. He has glowed in the early, well-organized international unity he has achieved. He has rattled some sabres and even intimated that, awful as it might be, he might be willing to sacrifice some hostages if necessary to achieve the nation's aims.

But the number of yellow ribbons is growing, and the heretofore faceless numbers of hostages are personalized with haunting faces and grieving, angry relatives. Voices are increasingly being heard that nothing - not power, oil, political advantage or even human justice - is worth the shedding of American blood.

We should not begrudge Mr. Bush his vacation. What awaits him in the days and weeks ahead are the kind of monumental decisions that no man should have to make.

Starting a new love affair

something about this dog that was worth time and effort. We had already checked on registered Sheltys costing over \$400 which was out of sight for us. I still believe that a mongrel or mixed-breed makes the best all around pet.

The very next day, we had her to the Vet's for a checkup. He gave her a shot of antibiotics for her feverish, run down condition. For the next four days, that little animal wouldn't touch a drop of food or water. We thought for sure that she was dying. Willie tried to hand feed her to no avail. We were ready to call the pound and return this nearly dead creature.

Then as if by a miracle or magic, she perked up, started to eat and rallied as if she was a different dog. Now I could observe what I really had. She was so much like my old Lady: temperament, disposition, markings, and much, much more.

Two weeks later, we had her spayed only to find out that she was pregnant again. Her operation was a success and she now has even more pep and zest. Willie feeds her so good that she has gained about five pounds in this short time.

Maybe Shelly, her new name, will never fill Lady's paw prints, but she'll come close to filling the hole left in my heart. I believe that she will remember how we saved her life with TLC (Tender Loving Care) and repay us with a most faithful bond.

Sports Commentary

by John E. Wirges

Fightin' Spirit Alive in Ancient Warriors

Jack McDonald has seen and reported just about everything that's worth the trouble to pound out on paper. He's a veteran.

Razzle dazzle performances, outrageous pontifications, sheer fabrication or forceful blustering seldom surprise veteran press box folks like Jack. He and his colleagues have seen a fair sampling of what life has to offer, both good and bad.

It is a result of the steadfast demands of time and the seemingly endless pursuit of youth that much of the present day sports writing corps have never been called upon to don a uniform and serve flag and country.

One hopes the present mid-eastern threat to peace, justice and prosperity can be resolved before their generation is uprooted into the realities of deadly combat.

Almost universally they say, if called they'd go, but if given the choice they'd just as soon not be called to the colors. That is certainly an easy to understand point of view. Amazingly though, the older section of the sportin' reportin' corps measure current events a bit differently. These are the guys who know the bite of a "DI's" tongue, the weight of an M-16, the heft of a seabag, the hardness of ground sleeping and the feel of a fightin' ship racing at flank speed in contested waters.

And if needed, these are the guys who understand the demand to respond to the threats of dictatorial bullies like Iraqi strongman Saddam Hussein, who use their high office to rape, murder and pillage innocent countrymen and wealthy neighbors.

Ask Jack McDonald if he's ready to go back into uniform to serve his country and he modestly replies, "If they could use me, I'd be the first to volunteer."

He would too. He's done it before. Don't measure him wrong. He's a peace loving civilian who has covered a sports beat most of his life. He has covered and written about all the sports greats of this century, from Ty Cobb and Babe Ruth to Tony Gwynn and Jack Clark.

Jack McDonald has been pounding out copy for nearly 70 years and he still files stories to a Bay area news service on the Padres and the Chargers from San Diego Jack Murphy Stadium. Jack is 90 years old. He served as a Chief Radioman in the first World War and was among the first to volunteer to return to active duty in 1942. He didn't wait around for a soft public relations commission, as did many of the newspapermen of his day.

Chief Radioman Jack McDonald drew convoy duty in the North Atlantic and up and down the eastern seaboard during the first half of WW II, then bounced along in a destroyer escort in the Pacific until the war's end.

Cold, hard sea duty never stopped him from writing sports. He produced a daily newspaper aboard his ships, picking up raw news in Morse code over the ship's radio and rewriting it into readable home, national, international and sports sections.

Service writers still answer the demand for up to date news about civil and sports doings. Many of us started that way. At the age of 90, Jack McDonald is ready again to take the news of the times and sports of the day to sea. And, if called, he'd probably lead a bunch of veteran reporters up the gangway.

From Where I Sit

by Frank Andrews

It was a very sad day just over a year ago when I had to have my 16 year old Sheltie dog, Lady, put to sleep. I vowed that I would never fall in love with another canine companion because I thought no other dog could live up to her legacy of fond memories.

About two months ago my wife, Willie, called my attention to a picture in the newspaper of the "Dog of the Week" offered by the local Humane Society. This was another Sheltie with similar markings as my old Lady.

I blurted out to my wife, "I've got to have that dog." It was then Saturday afternoon and the paper stated that this dog could be seen only the following Monday at 10:00 P.M. I jumped in my car and sped over to the shelter with an urge that is nearly indescribable.

The pound was closed but I knocked on the front door with much gusto until the attendant finally opened the door a crack and yelled out "We're closed. Come back Monday."

I pleaded so hard that she let me in and went to get the Sheltie for me to see. Suzie, as she was called, was a mess. She was only 10 months old and just had a litter of pups. The attendant said, "her babies were so ugly nobody wanted them."

Something told me that this ratty looking miniature Sheltie mix was for me. So I paid the fees and took her home for my wife, Willie, to approve. She too could see

What's for lunch? Here are some good suggestions from the California State Department of Education

"Back to School" and "What's for Lunch?" Those two phrases will be heard more often as September approaches.

Children will be outfitted with new clothes, shoes, pencils, and binders. So why not outfit them with some healthy new lunch ideas too?

Whether your child buys lunch at school or takes a lunch made at home, lunch should be a nutritious and fun experience. Create interest by having your child assist in shopping and lunch preparation. Let your children make their own sandwiches or pick the days to buy lunch at school.

"Involving children in the decision-making process is one way we can help them shape healthier eating habits," said State Superintendent of Public Instruction Bill Honig.

"We know that nutritious foods enhance children's ability to learn

as well as improve their health. The goal of the California Department of Education's 'School Nutrition: Shaping Healthy Choices' campaign is to assist the parents and schools with offering children healthy foods lower in fat and sodium and higher in fiber to decrease the risk of heart disease and other chronic diseases."

To assist parents and child nutrition personnel, Department of Education nutritionists have used the State Department of Health Services' new "California Daily Food Guide" recommendations in creating these tips for healthier eating: Use a variety of foods from the major food groups; Keep the calorie and nutrient needs of your children in mind by minimizing excess fats and sugars, especially empty-calorie beverages and desserts; Use lower-fat meats and dairy products such as turkey, water-packed tuna, lean ham, and lowfat

cheese. Be a label-reader; Include foods with dietary fiber such as fruits, vegetables, and whole-grain breads and crackers; Choose low-sodium foods such as fresh fruits and vegetables, and lean meat and poultry.

Following the "California Daily Food Guide" doesn't mean eliminating all your favorite lunch-time foods--but it does mean balancing the foods that are higher in fat, sugar, or sodium with other foods that contain less of these ingredients.

If your children bring their lunches to school, fresh, crisp, raw vegetables and fruits add crunch to a lunch as well as nutrition. They can be eaten alone, mixed together, or added to your favorite sandwich. Why not pack fruit or vegetable juice, or lowfat or nonfat milk to drink? These beverages contain valuable nutrients as well as the calories your child needs.

And desserts? Instead of buying sweets, make your own cookies, quick breads, muffins, or cupcakes with less sugar and fat. If you don't have time to bake, then look for lower fat cookies and crackers, like fig bars, gingersnaps, pretzels, or rice cakes.

With today's busy lifestyles, school lunches are a convenient, healthy, and inexpensive choice. In fact, a national survey has shown that children who buy a hot lunch at school generally have a more nutritious lunch than children who bring their lunch from home.

Through the "School Nutrition: Shaping Healthy Choices" campaign, California's child nutrition personnel are serving your children meals that are nutritious and well-balanced.

They continue to try new, healthier ways of preparing students' favorite foods. French fries are being baked, not fried.

Hamburgers are prepared from lean ground beef and are baked, not fried. Salad bars, along with potato, burrito, and fruit and yogurt bars are being set up in cafeterias, offering more variety and the opportunity to make choices. Whole grain flour is being added to breads, pizza dough, and cookies. Less sugar and less fat are being used in making cookies, cakes and muffins.

Variety is the key that we all are seeking. Whether you prepare lunch at home or have your child buy lunch at school, following these guidelines will help you know that you are making the healthiest choices available.

More information about child nutrition programs may be obtained by calling the Child Nutrition and Food Distribution Division of the California Department of Education at (800) 952-5609.

Joe Freed on the Movies

This week's movies: *Darkman* and *Delta Force II*

Darkman

With summer box office receipts growing stronger every year, it's no wonder filmmakers try so hard to create media sensations instead of movies with a workable plot. Each studio's greatest desire is to create this year's "Batman," complete with a nine-digit gross. "Darkman" is the latest in this summer's blockbuster competition, but one of the weaker entries.

Liam Neeson, ("The Good Mother," "The Mission"), stars as Peyton Westlake, a brilliant scientist close to success in experiments with synthetic skin. But before he can fulfill his lifelong dream, Peyton is attacked by some slimy thugs who beat him up, destroy much of his equipment and blow up his lab, leaving our scientist hero for dead. Of course he isn't dead...he's just not pretty to look at. Calling himself "Darkman," he fights the criminal forces who maimed him, while trying to make his old girlfriend love him because he has a great personality.

Let me tell you...if I was directing this film, no matter how much money I thought it could make, I would rather have had Peyton die and evil reign supreme than attach my name to two hours of bad dialogue and corny melodrama. I doubt Sam Raimi would agree with me, for not only did he direct "Darkman," but he also was one of five screenwriters who developed a script from an original story by, you guessed it, Sam Raimi. Among the most tragic of the director's many errors is the decision to make Liam Neeson, who is Irish by birth, speak with a phony American accent. It reduces him from an excellent Irish actor to a bad American actor.

On the creative flip side, the film looks impres-

sive, thanks to the work of Director of Photography Bill Pope and Production Designer Randy Ser. The visual quality has a definite impact on the mood of the film, but as always, one positive aspect cannot carry an entire production.

Universal Pictures is touting "Darkman" as a story in the tradition of the classic tale "The Strange Case of Dr. Jekyll and Mr. Hyde." Robert Louis Stevenson must be turning over in his grave!

Critic's Rating: D+

Delta Force II, Operation Stranglehold

Chuck Norris is a great guy. I know he's not the world's greatest actor, but he has a certain charm. You can almost always count on Norris for a good time and "Delta Force II" is his best movie yet.

I know what you are thinking, "Joe Freed's giving a positive review to a Chuck Norris action flick? He must be mentally unstable." And while I realize there is a lot of evidence to the contrary, please believe me when I say that I am of sound mind - and "Delta Force II" is a good movie.

This time out Norris leads his group of combat specialists in a raid against a South American drug lord, and while the film is characteristically full of violence, it is also funny, capitalizing on the deadpan humor developed by one of Hollywood's other action heavyweights, Arnold Schwarzenegger.

You might be a bit apprehensive about this one, but give it a shot.

Critic's Rating: B

Foothills Art Association September happenings

An artist demonstration, by an outstanding artist in the San Diego community, is a part of each regular meeting of the Foothills Art Association of La Mesa. The demonstrating artist, scheduled for the next regular meeting on Thursday, September 6th, will be Nancy W. Liveslay. Liveslay holds a Masters in Fine Arts from U.S.I.U. She has been a consistent winner in numerous juried shows and was asked to serve on juries of several shows. She is a past president of the National Watercolor Society.

Each month Foothills Art Association also has a featured artist from its own membership. September's artist is Marie F. Dexter, immediate past president of the association. Marie, a long time artist, works in watercolors and oils on portraits, landscapes, marines, and still lifes.

This show, a presentation of the artist's choicest work, will begin on Friday, September 7th and will continue Tuesday through Saturday from 11 a.m. until 4 p.m. through Thursday, October 4th.

Any members of Foothills may submit one previously unseen work for this month's show. The public will be asked to judge the members works by voting for their choice.

Foothills Art Association is a non-profit group of local artists. The Gallery is located adjacent to the La Mesa Public Library at 8051 University Avenue. Persons interested in finding out about the association should attend the regular monthly meeting on Thursday, September 6th at 7 p.m. adjacent to the gallery.



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OPERATED BY THE CONRAD FAMILY
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460-4601

LEMON GROVE SCHOOL DISTRICT PUBLIC RELEASE FOR FREE AND REDUCED PRICE MEALS IN THE NATIONAL SCHOOL LUNCH AND SCHOOL BREAKFAST PROGRAM

The Lemon Grove School District/Agency takes part in the National School Lunch and School Breakfast Program. Meals are served every school day. Students may buy lunch for \$1.25 for elementary students and \$1.25. Students may buy breakfast for \$0.60. Eligible students may receive meals at a reduced price of \$.40 for lunch and \$.30 for breakfast.

Students may purchase meals in advance at the school office.

- If a household now gets Food Stamps or Aid to Families with Dependent Children (AFDC), their child(ren) may receive free meals.
- If the total household income is at or below the amounts on the California Eligibility Scale for Free and Reduced Price Meals, the child(ren) may receive free meals or reduced price meals.
- A foster child who is the legal responsibility of the welfare agency or court, may be eligible for benefits regardless of the household's income.

HOW TO APPLY

To get free or reduced price meals for your child(ren), a household member should carefully complete the Application For Free and Reduced Price Meals, sign it, and return it to the school as soon as possible. Instructions for completing the application are available at the school office.

Household means a group of related, or nonrelated, individuals who are living as one economic unit and sharing living expenses. Living expenses include rent, clothes, food, doctor bills, and utilities.

AFDC and Food Stamp Households

If a household now gets Food Stamps or AFDC for a child, the child's name, and the Food Stamp or AFDC case number should be listed in Section A.

An adult household member must sign the application in Section D.

All Other Income Households (wages, salary, pensions, etc.)

If a household does not receive Food Stamps or AFDC, Section B of the application must be completed. List the names of all the children and the schools which they attend.

List the names of other children who do not attend any school.

List the names of the adults (21 years and older) and the amount and source of monthly income.

List the social security number of either the primary wage earner or the household member who signs the application. If there is no social security number, indicate that there is none.

An adult household member must sign the application in Section D.

Foster or Institutionalized Children

For Foster or Institutionalized Children answer "YES" to the question in Section B, "Is this application for a foster child?"

Use one application per institutionalized or foster child that is the legal responsibility of the welfare agency or the court.

Write the name of the foster or institutionalized child and the specific school the child attends. If the foster or institutionalized child receives "personal use income," list the child's name and the amount of monthly income in Section B-4 on the application.

The foster parent or agency official must sign the application in Section D.

If a child is living with relatives or friends, and is not a ward of the court, or the welfare agency, Section B should be completed as an "income household" with all household members listed.

Reporting Changes--If a child is approved for free or reduced price meals, the adult signing the application must tell the school when the household income increases by more than \$50 per month (\$600 per year) or when the household size becomes smaller. Also, if a Food Stamp or AFDC case number is listed, the household must tell the school when it no longer receives Food Stamps or AFDC.

Apply for Benefits--A household may apply for benefits at any time during the school year. If a household is not eligible now but its income goes down, its members lose their jobs, or the household size becomes

larger, the household may complete an application at that time.

Nondiscrimination--Children who receive free or reduced price meals must be treated in the same manner as those children who pay full price for their meals. In child nutrition programs, no child may be discriminated against because of race, sex, color, national origin, age or handicap. If anyone believes there has been discrimination against a child, write to the Secretary of Agriculture, Washington D.C., 20250.

Verification--The information on the application may be checked by school officials at any time during the school year. A household may be asked to send information to prove its income, or current eligibility for Food Stamps, or AFDC. Refer to Section C on the application for more detailed explanation.

Fair Hearing--If a household does not agree with the school's decision on its application or the result of verification, the household may wish to discuss it with the school. The household also has the right to a fair hearing. This can be done by calling or writing the following school official:

Name: Joseph M. Farley, Ed.D.
Address: 8025 Lincoln Street
Lemon Grove, CA 92045
Telephone: (619) 589-5600

Confidentiality--The information a household gives to the school will not be given to anyone who is not part of the school's food program. The information will be used only to decide if the children of the household receive free or reduced price meals and to verify eligibility.

If the household has any questions, or needs assistance in completing the application, please contact the school.

Sincerely,
James I. Justeson, Ph.D
District Superintendent

The household will be told by the school when its application is approved for free or reduced price meals. If the application is denied the household will be informed.

CALIFORNIA ELIGIBILITY SCALE FREE AND REDUCED PRICE MEALS PUBLIC RELEASE COPY

Children from households with incomes at or below the following levels may be eligible for free or reduced price meals.

INCOME ELIGIBILITY GUIDELINES July 1, 1990 - June 30, 1991

| GROSS INCOME SCALE | | | | | | | |
|--------------------|---|----------|------------|------------|----------------|-----------|------------------|
| | | Weekly | | Monthly | | Annually | |
| | | Free | Reduced | Free | Reduced | Free | Reduced |
| * | 1 | \$ 0-157 | \$ 158-224 | \$ 0- 681 | \$ 682- 969 | \$ 8,164 | \$ 8,165-11,618 |
| | 2 | \$ 0-211 | \$ 212-300 | \$ 0- 913 | \$ 914-1,299 | \$ 10,946 | \$ 10,947-15,577 |
| | 3 | \$ 0-264 | \$ 265-376 | \$ 0-1,444 | \$ 1,445-1,628 | \$ 13,728 | \$ 13,729-19,536 |
| | 4 | \$ 0-318 | \$ 319-452 | \$ 0-1,376 | \$ 1,377-1,958 | \$ 16,510 | \$ 16,511-23,495 |
| | 5 | \$ 0-371 | \$ 372-528 | \$ 0-1,608 | \$ 1,609-2,288 | \$ 19,292 | \$ 19,293-27,454 |
| | 6 | \$ 0-425 | \$ 426-605 | \$ 0-1,840 | \$ 1,841-2,618 | \$ 22,074 | \$ 22,075-31,413 |
| | 7 | \$ 0-478 | \$ 479-681 | \$ 0-2,072 | \$ 2,073-2,948 | \$ 24,856 | \$ 24,857-35,372 |
| | 8 | \$ 0-532 | \$ 533-757 | \$ 0-2,304 | \$ 2,305-3,278 | \$ 27,638 | \$ 27,639-39,331 |

For Each Additional Household Member Add:
\$ 54 \$ 77 \$ 232 \$ 330 \$ 2,782 \$ 3,959

*A household of one means a foster child, an institutionalized child, or a pupil who is his/her sole support.

PUBLIC NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 18308

The Name of the Business:
SPARKLE CARPET AND CLEANING SERVICE
located at: 1997 Dain Dr. in: Lemon Grove, CA 92045 is hereby registered by the following owners:

RONALD MARK LEUSCHEN
1997 DAIN DR.
LEMON GROVE, CA 92045

ALICIA R. LEUSCHEN
1997 DAIN DR.
LEMON GROVE, CA 92045

This business is conducted by: Individuals - Husband and Wife. The registrant commenced the transaction of business on: 7-27-90

Signature of Registrant:
RONALD MARK LEUSCHEN
Ronald Mark Leuschen
ALICIA R. LEUSCHEN
Alicia R. Leuschen

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on August 7, 1990.

Lemon Grove Review
August 9, 16, 23 & 30, 1990

four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
Dan O. Henry
1020 Prospect, Suite 306
La Jolla, CA 92037

Dan O. Henry
Signature of attorney for petitioner
Lemon Grove Review
August 16, 23 & 30, 1990
LW#188480

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 18697

The Name of the Business:
PICKLEBERRY JAM

located at: 7930 Rainey St. in: La Mesa, 92042 is hereby registered by the following owners:

ROBERT W. M. SHIPLEY
7930 RAINY ST.
LA MESA, CA 92042

STEPHANIE SHIPLEY
7930 RAINY ST.
LA MESA, CA 92042

This business is conducted by: Individuals - Husband and Wife.

The registrant commenced the transaction of business on: SEPT. 1, 1990

Signature of Registrant:
STEPHANIE SHIPLEY
Stephanie Shipley

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on AUG 09, 1990.

Lemon Grove Review
August 16, 23, 30 & September 6, 1990

NOTICE OF PETITION TO ADMINISTER ESTATE OF HENRY C. ECKLER

also known as HENRY CHARLES ECKLER

Case Number: 152581
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: HENRY C. ECKLER, also known as HENRY CHARLES ECKLER

A PETITION has been filed by Harmon C. Penny in the Superior Court of California, County of San Diego

THE PETITION requests that Harmon C. Penny be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act.

(This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Sept. 10, 1990 at 1:45 p.m. in Dept. F-5, located at 1501-55 Sixth Avenue, San Diego, California

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
William E. Beamer
GRAY, CARY, AMES & FRYE

401 B Street, Suite 1700
San Diego, CA 92101-4297

William E. Beamer
Signature of attorney for petitioner

Lemon Grove Review
August 16, 23 & 30, 1990

NOTICE OF PETITION TO ADMINISTER ESTATE OF HELEN KEITH STITES

Case Number: 152561

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both, of: HELEN KEITH STITES, HELEN K. STITES, HELEN STITES

A PETITION has been filed by SHARON W. STITES in the Superior Court of California, County of San Diego

THE PETITION requests that SHARON W. STITES be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act.

(This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Sept. 17, 1990 at 1:45 p.m. in Dept. F-5, located at 1501-55 Sixth Avenue, San Diego, California

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before

four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a formal Request for Special Notice of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 1250 of the California Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
THOMAS STEVEN TORRES

13273 SADDLE RIDGE RD.
LAKESIDE, CA 92040

JANICE ARLENE TORRES
13273 SADDLE RIDGE RD.
LAKESIDE, CA 92040

This business is conducted by: Individuals - Husband and Wife.

The registrant commenced the transaction of business on: N/A

Signature of Registrant:
THOMAS S TORRES

Thomas S. Torres
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on AUG 14, 1990.

Lemon Grove Review
August 16, 23, 30 & September 6, 1990

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 18431

The Name of the Business:
LES

located at: 7310 Goodman Lane in: Lemon Grove, CA 92045-0023 is hereby registered by the following owner:

ALFRED CHRISTOPHER LAUE
7310 GOODMAN LANE
LEMON GROVE, CA 92045

This business is conducted by: an Individual.

The registrant commenced the transaction of business on: not applicable

Signature of Registrant:
ALFRED C. LAUE

Alfred C. Laue
This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on AUG 8, 1990.

Lemon Grove Review
August 16, 23, 30 & September 6, 1990
H48311

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 18881

The Name of the Business:
CHRISTIAN CREATIVE LEARNING CENTER

located at: 2920 Main St. in: Lemon Grove, CA 92045 is hereby registered by the following owner:

FIRST BAPTIST CHURCH
OF LEMON GROVE
CA

This business is conducted by: a Corporation.

The registrant commenced the transaction of business on: NA

Signature of Registrant:
JAMES L HORNE

James L. Horne, Chairman
Board of Deacons

This statement was filed with Robert D. Zumwalt, County Clerk of San Diego County on AUG 14, 1990.

Lemon Grove Review
August 16, 23, 30 & September 6, 1990

SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIEGO CASE NO. 627338 ORDER TO SHOW CAUSE [CCP §1277]

In the Matter of the Application of DOLORES ANN CLARK, a.k.a. DOLORES ANN LEE, Petitioner, for Change of Name

WHEREAS, DOLORES ANN CLARK, a.k.a. DOLORES ANN LEE, Petitioner, has filed a petition with the clerk of this court for a decree changing Petitioner's name from DOLORES ANN CLARK, a.k.a. DOLORES ANN LEE to DODIE ANN SCHULZ.

IT IS ORDERED that all persons interested in the above matter appear in Department 35 of this court, located at 220 West Broadway, San Diego, California, on OCT 01, 1990, at 9:00 A.M., or as soon thereafter as the matter may be heard, and show cause, if any, why the Petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the LEMON GROVE REVIEW, a newspaper of general circulation printed in San Diego County, California, once a week for four successive weeks prior to the date set for hearing on the petition.

DATED: AUG 13, 1990

James R. Milliken
JUDGE OF THE SUPERIOR COURT

DORMAN AND DORMAN

7309 Broadway
P.O. Box 517

Lemon Grove, California 92045-0517

Telephone 469-2147
Attorneys for Petitioner

Lemon Grove Review
August 16, 23, 30 & September 6, 1990

SUPERIOR COURT OF CALIFORNIA COUNTY OF SAN DIEGO CASE NO. 627338 ORDER TO SHOW CAUSE [CCP §1277]

In the Matter of the Application of BICHITU THI LUU
Petitioner, for Change of Name

WHEREAS, BICHITU THI LUU, Petitioner, has filed a petition with the clerk of this court for a decree changing Petitioner's name from BICHITU LUU to LARA TU LUU.

IT IS ORDERED that all persons interested in the above matter appear in Department 35 of this court, located at 220 West Broadway, San Diego, California, on OCT 01, 1990, at 9:00 A.M., or as soon thereafter as the matter may be heard, and show cause, if any, why the Petition for Change of Name should not be granted.

IT IS FURTHER ORDERED that a copy of this Order to Show Cause be published in the LEMON GROVE REVIEW, a newspaper of general circulation printed in San Diego County, California, once a week for four successive weeks prior to the date set for hearing on the petition.

At said hearing, any interested person may appear and be heard.

published in the LEMON GROVE REVIEW, a newspaper of general circulation printed in San Diego County, California, once a week for four successive weeks prior to the date set for hearing on the petition.

DATED: AUG 13, 1990

James R. Milliken
JUDGE OF THE SUPERIOR COURT

Lemon Grove Review
August 23, 30, September 6 & 13, 1990

A Draft Negative Declaration of Environmental Impact has been filed by the City of Lemon Grove for this project. The initial study which has been prepared for this project is available for public review in the Office of the Community Development Department, 3232 Main Street, Lemon Grove, California within twenty-one (21) days of the date of this Notice.

Written comments regarding the adequacy of this Negative Declaration must be submitted to the City of Lemon Grove Community Development Department, 3232 Main Street, Lemon Grove, California within twenty-one (21) days of the date of this Notice.

Questions regarding this project, the public hearing or the Negative Declaration may be addressed to Robert Larkins at 3232 Main Street, Lemon Grove or at (619) 464-6934.

The City of Lemon Grove does not discriminate against qualified handicapped persons. If, in order to participate in a public hearing, you require assistance for a physical or mental handicap, please contact the City Clerk at least seven days prior to the hearing.

/s/K Huff
KAREN THOMSON HUFF
Finance Director/City Clerk

Lemon Grove Review
August 30, 1990

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN THAT the City Council of the City of Lemon Grove, California will hold a public hearing on Monday, September 17, 1990 at 7:30 PM in the Lemon Grove Senior Center located at 8235 Mt. Vernon Street, Lemon Grove.

SUBJECT: Hearing - Development Code Amendment ZA90-03 to amend Sections 18.12.040 (B)(1) and 18.12.040(C)(1) of the City of Lemon Grove Development Code to provide for the display of a sign on the rear wall of a business establishment which abuts a secondary street or alley.

At said hearing, any interested person may appear and be heard.

Questions regarding this project or the public hearing may be addressed to Robert Larkins at 3232 Main Street, Lemon Grove or at (619) 464-6934.

The City of Lemon Grove does not discriminate against qualified handicapped persons. If, in order to participate in a public hearing, you require assistance for a physical or mental handicap, please contact the City Clerk at least seven days prior to the hearing.

/s/K Huff
KAREN THOMSON HUFF
Finance Director/City Clerk

Lemon Grove Review
August 30, 1990

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 90 19963

The Name of the Business:
A TO Z METRO TOWING
located at: 1725 Mission Road in: Escondido, CA 9

CLASSIFIED

Accounting

THE TAX BYTE
1138 Broadway, Ste. 202
El Cajon, CA 92021
Guy Hill • 442-2983
Accounting • Bookkeeping •
Individual, Partnership, Corporate
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Lemon Grove
469-8827

Catering

Top Hat Catering
7810 Broadway
Lemon Grove
469-8889

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589-9030

Disposal

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Lemon Grove
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PARKING LOTS
PATCHING
SEALING

469-5486

Licensed, insured & references
License# 192709

Realtors

Eva Berry
Century 21/Pearce Realty
7779 Broadway
Lemon Grove • 463-6625

Shoe Repair

Lee's Shoe Repair
9731 1/2 Campo Rd.
Spring Valley
464-9807

Stationers

Marders Stationers
7939 Broadway
Lemon Grove
469-4386

Storage

RECORDS, PERSONAL, AND INVENTORY
LEMON GROVE SELF STORAGE
(619) 469-6166

Tax Service

C. R. West INCOME TAX SERVICE
FEDERAL, STATE & SMALL BUSINESS
8093 Broadway
(Behind Heidi's Restaurant)
Lemon Grove
698-2939

Travel

Lemon Grove's ONLY TRAVEL AGENCY
Lemon Grove TRAVEL
7735 Pacific Ave.
Lemon Grove
466-9999

Video Taping Weddings

Memories On Video
Wayne R. Buttron
460-0461

announcements

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WANTED 1989 HONDA ACCORD
4 dr., A/C and power, loaded. Will pay cash for well-kept car. Need to show service record. 466-5425 or 469-0101.

ATTENTION - GOVERNMENT
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employment

EARN CHRISTMAS MONEY + \$300 kit of holiday decor/gifts. No invest/collect/del. Call Fran at 460-1017 for details.

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Start at \$11.77/Hr

For exam and application info, call (219)-836-8159, ext 1746 6 to 6 7 days.

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WORKING WOMEN, earn extra income out of your home. Call 479-7704

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wanted

Wanted: Customer Service Evaluators. Visit restaurants, theaters, and attractions in your area and get paid. If you are responsible, reliable and can be available for lunches and/or dinners please call 800-266-3020 (Over 18 please).

WIFE Previously married, middle-aged WM, very active, good health, degreed, business owner seeking fun, attractive, educated, under 40 woman to share life with. Enjoy all sports, outdoor activities, cards, movies, plays, travel and the simple joys of life. Not into the bar scene! Kid(s) not a barrier, but need someone who can make time to be my friend, lover and lifetime companion. Send note, phone # and picture to FORUM, Dept. 101, P.O. Box 3616, La Mesa, CA 92044

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Junior Theatre registration opens

San Diego Junior theatre will host an Open House and Registration Day for its Fall Theatre Arts classes on Saturday, September 8 from 10:00 A.M. to 1:00 P.M. in the Case del Prado courtyard in Balboa Park

Junior Theatre staff and teachers will be available to answer questions about Junior Theatre's performing arts classes for 6 - 18 years olds. All students who register on or before September 8 will receive a \$10.00 discount off the registration fee and will be eligible to win a free winter tuition to Junior Theatre. Free refreshments will also be served.

Fall classes include Acting workshops for all ages, an Advanced Actors Workshop for those with more experience, Vocal Training, Musical Theatre Dance, Audition Workshop and Technical - Behind the Scenes. We are offering a new performance workshop: "Show Stoppers" which will be a touring troupe. First and second graders may enroll in "Coming Attractions," a creative drama class designed especially for their age group.

Classes begin the week of September 19 and continue for ten weeks, either after school or on Saturday. Tuition is \$90.00 for ten, two-hour classes, and \$75.00 for any additional children in the

same family.

For further information and a free brochure, call the San Diego Junior Theatre Administrative Offices at (619)239-1311.

San Diego Junior Theatre is in its 43rd year as a not-for-profit organization dedicated to providing youth and the community with quality arts education.

**Volunteer canyoneers
needed at museum**

The San Diego Natural History Museum is accepting applications for canyoneers - volunteers guides to lead nature walks in San Diego's mountains, desert, and coastal canyons. Canyoneers are trained by the Museum staff and other local experts in geology and plant and animal life of the San Diego area.

The twelve-week fall training course will be held on Saturdays starting September 15. No scientific background is required.

For info and an application, call the Museum's Education Department at 232-3821, ext. 203.

**Photographic Exhibit to be featured in
September at the Museum of San Diego History**

Beginning September 1, the Museum of San Diego History will feature *Changing Faces, Celebrated Places: Images Over Time*, an exhibition of historic photographs selected from the 1.5 million images which comprise the San Diego Historical Society's photo collection. The exhibit graphically recalls more than a century of change to the face of our city and county and highlights some of the familiar places generations of San Diegans have enjoyed. Although some of the most "celebrated places" have gone the way of progress, others, still in existence today, are instantly recognizable.

Of special interest is a series of images which span the decades and show both the dramatic changes to locations in our city, as well as, changes in lifestyles over

time. From downtown along Broadway, to Mission Valley, to the beach, San Diegans have witnessed many startling transitions throughout the last one hundred years.

Some of the photographs serve as poignant reminders of by-gone eras in San Diego's history.

Others are visual assurances that while many things change, a few things remain the same.

Changing Faces... will be on exhibit in the Museum of San Diego History, Casa de Balboa Building, Balboa Park, through December 30, 1990. For more information, call (619) 232-6203.

**Senior volunteers needed
for community involvement**

The County of San Diego Community Involvement Office is accepting applications from senior who wish to volunteer four or more hours per week, for a minimum of 10 weeks, in various County of San Diego Departments. A wide range of opportunities are available to enable the senior citizen to

become involved in county government. Training will be provided.

Please call Bill at 694-3211 for an application or additional information.

If you have news,
call the Review.
469-0101

Worship Directory**LEMON GROVE LUTHERAN CHURCH**

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Worship 9:00 a.m. Sunday School 10:15 a.m.

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Christian Science Church Services**First Church of Christ, Scientist, La Mesa**

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Sunday Service & Sunday School 10:00 a.m.

Wednesday Evening Meeting 7:30 p.m.

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Call 469-0101 for rates and other information.